



November 2022 Lunch Menu



Monday

Tuesday

Wednesday

Thursday

Friday

31	1	2	3	National Donut Day 4
Spaghetti w/ Meatballs** Cheese Ravioli in Alfredo Grilled Zucchini & Squash* Garlic Bread Salad & Sandwich Bar Soup / Fruit / Dessert	Grilled Cheese** Meatball Sub Chips* Mixed Veggies* Salad & Sandwich Bar Soup / Fruit / Dessert	Cheeseburger** Baked BBQ Chicken* Baked Beans* Corn Cob (k-12), Corn (prek) Salad & Sandwich Bar Soup / Fruit / Dessert	Teriyaki Pork* Teriyaki Chicken* Seasoned White Rice* Yellow Squash* Salad & Sandwich Bar Soup / Fruit / Dessert	Pepperoni Pizza** Cheese Pizza** Caesar Salad* Yogurt* Salad & Sandwich Bar Soup / Fruit / Dessert
7	8	9	Vanilla Cupcake Day 10	11
Chicken Quesadilla** Cheese Quesadilla** Spanish Rice* Yellow Corn* Salad & Sandwich Bar Soup / Fruit / Dessert	Meat Lasagna** Penne w/ Alfredo** Broccoli* Garlic Bread Salad & Sandwich Bar Soup / Fruit / Dessert	Corn Dog Hot Dog* Macaroni & Cheese Mixed Vegetables* Salad & Sandwich Bar Soup / Fruit / Dessert	Chicken Pot Pie Swedish Meatballs w/ Gravy** Roasted Potatoes* Green Beans* Salad & Sandwich Bar Soup / Fruit / Dessert	Pepperoni Pizza** Cheese Pizza** Caesar Salad* Yogurt* Salad & Sandwich Bar Soup / Fruit / Dessert
Pickle Appreciation Day 14	15	16	17	18
Scrambled Eggs* Bacon* Shredded Hashbrowns* Pancakes Salad & Sandwich Bar Soup / Fruit / Dessert	Bone-In Fried Chicken** Bone-In Baked Chicken* Macaroni & Cheese Grilled Cauliflower* Salad & Sandwich Bar Soup / Fruit / Dessert	Cheeseburger** Grilled Cheese** Baked Beans* Sautéed Greens* Salad & Sandwich Bar Soup / Fruit / Dessert	Teriyaki Pork* Teriyaki Chicken* Seasoned White Rice* Green Beans* Salad & Sandwich Bar Soup / Fruit / Dessert	Pepperoni Pizza** Cheese Pizza** Caesar Salad* Yogurt* Salad & Sandwich Bar Soup / Fruit / Dessert
21	Thanksgiving Meal 22	23	24	25
White Chicken Chili* Beef & Bean Chili* Corn Bread Yellow Corn* Salad & Sandwich Bar Soup / Fruit / Dessert	Oven Roasted Turkey* Sliced Pineapple Ham* Mashded Potatoes & Gravy** Green Bean Casserole* Candied Yams* Buttered Dinner Roll	<h1 style="color: #E67E22;">Happy Thanksgiving</h1>		
28	Chocolate Day 29	30		
Spaghetti w/ Meatballs** Cheese Ravioli in Alfredo Grilled Zucchini & Squash* Garlic Bread Salad & Sandwich Bar Soup / Fruit / Dessert	Grilled Cheese** Meatball Sub Chips* Mixed Veggies* Salad & Sandwich Bar Soup / Fruit / Dessert	Cheeseburger** Baked BBQ Chicken* Baked Beans* Corn Cob (k-12), Corn (prek) Salad & Sandwich Bar Soup / Fruit / Dessert	ALLERGENS: <i>*Made Without Gluten</i> <i>**Gluten Free Alternative Available</i> <i>No Peanut/Tree Nuts/Shellfish used in any menu item</i>	<i>Fried Chicken and Popcorn Chicken are battered in house with rice flour, allowing them to be made without gluten. Gluten free buns/bread are also available on request</i>