



January 2023 Lunch Menu



Monday	Tuesday	Wednesday	Thursday	Friday
2	3	National Spaghetti Day 4	5	6
		Spaghetti w/ Meatsauce** Cheese Ravioli in Alfredo Grilled Zucchini & Squash* Garlic Bread Salad & Sandwich Bar Soup / Fruit / Dessert	Chicken Pot Pie Swedish Meatballs w/ Gravy** White Rice* Green Beans* Salad & Sandwich Bar Soup / Fruit / Dessert	Pepperoni Pizza** Cheese Pizza** Caesar Salad* Yogurt* Salad & Sandwich Bar Soup / Fruit / Dessert
9	10	11	National Glazed Donut Day 12	13
Scrambled Eggs* Bacon* (pork & turkey) Hashbrowns Pancakes Salad & Sandwich Bar Soup / Fruit / Dessert	Bone-In Fried Chicken** Bone-In Baked Chicken* Macaroni & Cheese Yellow Squash* Salad & Sandwich Bar Soup / Fruit / Dessert	Corn Dog Hot Dog* Macaroni & Cheese Mixed Vegetables* Salad & Sandwich Bar Soup / Fruit / Dessert	Cheeseburger** Baked BBQ Chicken* Baked Beans* Corn Cob (k-12), Corn (prek) Salad & Sandwich Bar Soup / Fruit / Dessert	Pepperoni Pizza** Cheese Pizza** Caesar Salad* Yogurt* Salad & Sandwich Bar Soup / Fruit / Dessert
16	17	18	National Popcorn Day 19	20
Holiday	Beef Taco* Cheese Nachos Spanish Rice** Seasoned Corn* Salad & Sandwich Bar Soup / Fruit / Dessert	Buffalo Chicken Sandwich** Grilled Chicken Sandwich** Pasta w/ Butter** Steamed Broccoli* Salad & Sandwich Bar Soup / Fruit / Dessert	White Chicken Chili* Beef & Bean Chili* Corn Bread Yellow Corn* Salad & Sandwich Bar Soup / Fruit / Dessert	Pepperoni Pizza** Cheese Pizza** Caesar Salad* Yogurt* Salad & Sandwich Bar Soup / Fruit / Dessert
National Pie Day 23	24	25	26	National Choc. Cake Day 27
Spaghetti w/ Meatballs** Cheese Ravioli in Alfredo Grilled Zucchini & Squash* Garlic Bread Salad & Sandwich Bar Soup / Fruit / Dessert	Beef Taco Cassarole Chicken Taco Cassarole Spanish Rice** Seasoned Corn* Salad & Sandwich Bar Soup / Fruit / Dessert	Pulled Pork* Pulled Chicken* Macaroni & Cheese Sweet Potatoes* Salad & Sandwich Bar Soup / Fruit / Dessert	Crispy Chicken Thigh* Grilled Chicken* Seasoned Rice* Green Beans* Salad & Sandwich Bar Soup / Fruit / Dessert	Pepperoni Pizza** Cheese Pizza** Caesar Salad* Yogurt* Salad & Sandwich Bar Soup / Fruit / Dessert
30	31			
Chicken Quesadilla** Cheese Quesadilla** Spanish Rice* Yellow Corn* Salad & Sandwich Bar Soup / Fruit / Dessert	Cheeseburger** Grilled Cheese** Baked Beans* Steamed Broccoli* Salad & Sandwich Bar Soup / Fruit / Dessert		ALLERGENS: <i>*Made Without Gluten</i> <i>**Gluten Free Alternative Available</i> <i>No Peanut/Tree Nuts/Shellfish</i> <i>used in any menu item</i>	<i>Fried Chicken and Popcorn Chicken are</i> <i>battered in house with rice flour,</i> <i>allowing them to be made without</i> <i>gluten. Gluten free buns/bread are</i> <i>also available on request</i>